

FALCONS POMS & DANCE TEAM 2020-2021

Tryouts Information



Judging:

- Dancers will perform 2 routines learned and execute the skills outlined below in groups of 3 or 4.
- Each score out of 50 possible points will be averaged together for the final score of each dancer.
- Skills are worth the following points:

Technical Skills:

Triple Pirouette (right)	3 Points	Leg Hold (right & left)	3 Points	Side Leap (right & left)	3 Points
Double Pirouette (left)		Splits (right & left)		Front Leap (right and left)	
Ring Jump / Firebird (right only)	3 Points	Center Split w/ Roll Thru	3 Points	Toe Touch & Turning Toe Touch	3 Points

- Each dancer will need a "special" skill of their choosing; this can be but are not limited to a double toe touch, multiple pirouettes, turns in 2nd, fouette turns, back walkovers, aerials, kipp up or headspring. The Special Skill is worth 3 Points.

Routines:

- Both routines will be judged using these categories:

Memory ~ 5 points ability to understand and retain choreography	Showmanship ~ 5 points use of facials, consistent energy and ability to entertain.
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- Field Show / Game Day consist of Pom, Kick and Hip Hop. Dancers will be judged on:

Pom / Kick Technique ~ 4 points clarity of movement, strength and control placement, upper body alignment	Hip Hop Technique ~ 4 points levels, control, attitude, clarity of movement
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- Contemporary consists of Jazz and Lyrical. Dancers will be judged on:

Lyrical Technique ~ 4 points fluidity, expression, interpretation of music	Dance Technique ~ 4 points proper execution of turns, leaps and jumps
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- The decisions are the results of the judging panels' scores. All decisions are final. These scores will **NEVER** be released.
- The results will be posted on our twitter feed (@gc_pomanddance), instagram (@gcpoms) and the "Poms" page of the Good Counsel website Friday, May 8th by 9pm.

New Member Expectations:

Dancers Commitment:

- Poms is a two season / 7 month sport. All new members are expected to commit from August to April.
- All new team members are expected to attend **NDA Camp July 11th - July 14th @ Towson University**. Cost is \$400.00. Payment is due by May 30th (arrangements can be made for payment plans).
- Competitions are on Saturdays from January thru March, every team member is expected to participate. Events required by school that will affect a team member's grade is the only excused absence from a competition.
- Practice is Tuesday thru Thursday 3:30pm-5:30pm. Late arrival will **ONLY** be excused with a teachers note.



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- Participation in any fundraising or charity event hosted by the Poms is **REQUIRED**.
- All members sign a contract before the beginning of the season in August. Failure to sign this contract will jeopardize your place on the team.

Parental /Guardian Commitment:

- Funding from the athletic department will only cover the following: Uniforms (top & bottom), Equipment (poms) and Competition Fees. Parents / Guardians are expected to pay upfront in full for all other items including but not limited to: Jackets, Practice Wear, Shoes, Master Classes, etc. The initial "investment" for a NEW team member will be at least \$600.00.
- Support for your dancer is paramount to the success of the team. This includes transportation, advanced scheduling and flexibility. All important dates are provided months in advance (games, competitions, other school events, workshops). Support of your dancer includes support of the team. Feeding the dancers before games, working concessions for fundraising, providing snacks or water for competition are some of the many ways we look to the parents for assistance.
- Communication with the coach on any matters that could affect the team. Issues in school or at home need to be address right away. Possible long term absences due to sickness or injury. Non-school related activities that could conflict with the practice schedule (studio dance classes, Girl Scouts, jobs, etc).

IMPORTANT DATES:

JULY 11th - 14th, 2020 NDA CAMP @ Towson University

AUGUST 6, 2020- Anticipated Start of Fall Practice (August practices start at 6pm)

HOME FOOTBALL GAME DATES:

September 4th / September 25th / October 2nd / October 23rd / November 6th

