

## PREPARING TO RETURN TO GOOD COUNSEL

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All students and parents are expected to comply fully with the policies, protocols, and guidelines outlined in this document.

### We ask parents to:

- Read this guide.
- Read and sign the Return to Campus Waiver in Magnus indicating compliance with the outlined behaviors designed to keep our campus community safe.

### We ask students to:

- Read this guide.
- Read and sign the Community Responsibility Pledge in Magnus.

## SCHOOL PROTOCOLS TO FOLLOW WHEN RETURNING TO GOOD COUNSEL

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Good Counsel has implemented various protocols designed to preserve the health and safety of students when we return to school. This section further explains these protocols. For additional information, please contact [Marianne Kusbit](#), School Nurse.

## SYMPTOM MONITORING REQUIREMENT & TRACKING

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Each day, students are required to complete a daily COVID-19 Questionnaire to assess their risk and record the status of their self-screening. A date specific certificate will be emailed to the student indicating if they passed or failed the screening. All responses will be tracked by: those who failed, those who did not complete and those who passed.

Good Counsel will be checking each student's certificate of completion prior to entering the building each morning. After self-screening, students exhibiting any concerning symptoms should not come to campus; they should stay or go home and contact their primary healthcare provider. They should then follow any instructions given by the healthcare provider before returning to campus.

A list of free test sites in Montgomery County can be found [here](#).

## WELLNESS

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Good Counsel recognizes these are challenging times and they impact us all and our community in different ways. Good Counsel is committed to providing support for all members of our campus community. Parents with concerns for their child's well being should contact their School Counselor.

## CONCERNING SYMPTOMS

- Temperature above 100.4 degrees or greater
- Any of the following:
  - Chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea

The CDC is investigating cases of multisystem inflammatory syndrome in children (MIS-C) associated with COVID-19. Learn more about COVID-19 and multisystem inflammatory syndrome in children (MIS-C).

## COVID-19 TESTING

All students who are currently opted out and plan to return to campus on March 22, 2021 are required to take a COVID-19 PCR test. Please submit your PCR test to **Marianne Kusbit**, School Nurse prior to returning to campus. When submitting your PCR test via email, please include **Return To Campus PCR Test** in the subject line.

## VERIFICATION OF ILLNESS

If your child tests positive for COVID-19 parents must contact **Marianne Kusbit**, School Nurse immediately to inform them of the diagnosis. This is essential to protect faculty, staff and students and to ensure consistency in response, and to aid Good Counsel in its state and federal reporting requirements. Before returning to campus, a student who has tested positive for COVID-19 must provide a note completed by their health care provider indicating they are cleared to return to school. This documentation should be hand delivered to the Health Room for verification by the school nurse.

If a student tests negative for COVID and/or it is recommended by their physician that they quarantine, a note must be provided to Good Counsel by their physician. The note should include the negative test result, if applicable, and the date the student can return to school. This documentation should be hand delivered to the Health Room for verification by the school nurse.

Good Counsel will follow all CDC and Maryland Department of Health guidelines for a confirmed case of COVID-19 and persons with COVID-19-like illness

## TRAVEL RESTRICTIONS

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With more people receiving the COVID vaccine and the number of positive cases declining across the country and in our region, governmental guidelines on domestic travel have changed.

### **Effective immediately:**

- Maryland residents are **advised** by the Maryland Department of Health, but are no longer required to be tested within 72 hours of travel and isolate while awaiting results, and be tested a second time after arrival.
- The CDC **recommends**, but does not require domestic travelers to be tested for COVID, even if **vaccinated**.
- People should wait two weeks after full vaccination to travel.
- Travelers who have been fully vaccinated no longer need to quarantine.
- International travelers to the U.S., including returning citizens, are **required** to have a negative COVID test result or documentation of recovery from COVID before boarding a flight to the U.S.

Please remember to follow the CDC-recommended COVID-19 practices: washing hands, staying home if sick, wearing cloth masks, practicing social distancing, and avoiding large groups of people.